## Resources

## Attorneys:

Los Angeles and Ventura Area

Krista T. Lara
The Lara Firm,
PO Box 190, Piru, CA 93040-0190

Phone: 805-398-5076

Email: <a href="mailto:krista.lara@thelarafirm.com">krista.lara@thelarafirm.com</a>
(appointments available on Zoom)
(Will provide initial consultation at no charge)

San Diego County

Chris Albence
Albence & Associates, APC
7777 Fay Ave Ste 203
La Jolla, CA 92037-4324
Phone: 858-454-0024 | Fax: 858-454-1250
(appointments available on Zoom)
(hourly rates apply)

Community Organization (including Low Cost Help with Elder Law Issues, Disability Rights and Estate Planning)

Orange County

Elder Law Elder Law and Disability Rights Center 1535 17th St STE 110, Santa Ana, CA 92705 Phone: 714-617-5353 <a href="http://www.eldrcenter.org/">http://www.eldrcenter.org/</a> (charges based on sliding scale)

## Additional Resource:

California's Master Plan on Aging identifies five goals by 2030 for older adults and people with disabilities. They include (1) safe housing; (2) health care; (3) inclusion and equity without isolation; (4) caregiving that works; and (5) affordable aging. The state will encounter many challenges and obstacles in achieving these goals. This website contains many thoughtful discussions and suggestions. (https://mpa.aging.ca.gov/).